You and your child will benefit from early intervention, education, and therapy services which ensure that your child develops the skills and techniques needed to get the best possible start in life. Staffed by professionally trained educators and therapists, our broad range of services focus on your child's development and growth.

for more information or to enroll in services, contact:
Abilities United 525 East Charleston Road in Palo Alto, CA
650-494-0550 or info@AbilitiesUnited.org or AbilitiesUnited.org

early intervention services (under 3 years old)
Structured developmental and educational activities in home, school, and community settings.
• Developmental therapy
• Occupational therapy
• Physical therapy
• Speech and language therapy
• Mental health services

therapy services (under 10 years old)
Therapeutic services to improve the quality of life for your child and family.
• Occupational therapy
• Physical therapy
• Speech and language therapy
• Child behavior consultations
• Social skills groups
• Mental health support
• Evaluations and consultations

mailing address
525 East Charleston Road
Palo Alto, CA 94306
ph 650-494-0550 fax 650-855-9710
www.AbilitiesUnited.org
**milestones preschool (2 - 5 years old)**
Focused on the social, emotional, cognitive, and physical development of each child.
- Project-based curriculum
- Early childhood development expertise
- Classroom size of no more than 20 children and a low teacher to student ratio
- Individualized attention; respect for unique learning styles
- Newsletters, regularly scheduled parent conferences, quarterly parent-teacher meetings

**after school socialization (5 - 22 years old)**
Structured activities for children and young adults with developmental disabilities.
- Socialization and peer interaction
- Communication skills
- Motor skills
  - Adapted physical education
  - Sensory activities
  - Summer camps

**swim lessons (3 years old and above)**
Year-round, private, warm water swim lessons.
- Water safety
- Skill development
- Adapted aquatic services

**computer education (3 years old and above)**
Personal growth and development through the use of technology.
- Computer usage and safety
- Literacy skills
- Math skills
- Daily living skills

**respite services (all ages)**
Life balance for families.
- In-home companions
- Family centered
- Creative and inclusive
  - Culturally sensitive
  - CPR certified staff
  - First Aid certified staff

**art program**
Artists of all abilities and backgrounds create original works as well as exhibit and sell their art throughout the Bay Area, nationally, and internationally.
- Art framing and storage
- Digital/print promotion of artists and exhibits
- Sales management and tracking
  - Art exhibitions throughout the Bay Area and online
  - Art instruction by art professionals and artists using various mediums