To 525 East Charleston Rd.

From Highway 101 N:
Exit at San Antonio Rd (stay left). Turn left at the stop sign at San Antonio Rd. Go to the 1st stop light and turn right on Charleston Rd. Follow E. Charleston through the second light, which is Middlefield. Abilities United is the 2nd driveway on the right.

From Highway 101 S:
Exit at San Antonio Rd (Los Altos), continue to 1st stop light and turn right on Charleston Rd. Follow E. Charleston through the second light, which is Middlefield. Abilities United is the 2nd driveway on the right.

From Highway 280:
Exit at Page Mill Rd. East (toward El Camino/Bay). Stay on Page Mill until you come to Middlefield Rd. (several miles/past Foothill Expwy & past El Camino). Turn right on Middlefield to Charleston Rd. Turn right on Charleston and go into the 2nd driveway on your right.

From Central Expressway:
Charleston Rd. intersects Central (turn left if you are heading south/right if you are heading north). Abilities United is on your left, immediately before Middlefield Rd. Turn left into the driveway.

To 3864 Middlefield Rd.

From Highway 101 N:
Exit at San Antonio Rd. (stay left). Turn left at the stop sign at San Antonio Rd. Go to the 1st stop light and turn right on Charleston Rd. Turn right at Middlefield and drive approximately ¼ block. Turn left into 3864 Middlefield Rd.

From Highway 101 S:
Exit at San Antonio Rd. (Los Altos) and continue to 1st stop light. Turn right on Charleston Rd. Turn right at Middlefield and drive approximately ¼ block. Turn left into 3864 Middlefield Rd.

From Highway 280:
Exit at Page Mill Rd. East (toward El Camino/Bay). Stay on Page Mill until you come to Middlefield Rd. (several miles/past Foothill Expwy, and past El Camino) Turn right on Middlefield. Drive a mile or so south. Turn right into 3864 Middlefield Rd.

From Central Expressway:
Charleston Rd. intersects Central (turn left if you are heading south/right if you are heading north). Turn left at Middlefield and drive approximately ¼ block. Turn left into 3864 Middlefield Rd.