January 2005

Community Calendar

January 7, 9-10:30 am
North County Providers: Ways to Work Family Loan Program
>>details

January 12, 9-10:30 am
Senior I & R Forum: Planning for 2005
>>details

January 12, 4:30-6pm
Talk and book signing by the author of Guiding Lights
>>details

January 14, 6-9pm
Spaghetti Feed Fundraiser
>>details

January 19, 3:30-5pm
ACAT (Adolescent Collaborative Action Team)
>>details

January 25, 1-5pm
Assisting Youth through Challenging Times
>>details

January 26, 1-3pm
Redwood City Human Services Agency Quarterly Meeting
>>details

January 29, 1-4:30pm
Common Eye Disease Symposium
>>details

January 31, 8:30am-3:30pm
Understanding and Interceding with Marijuana Abusers
>>details

February 1, 8:30am-3:30pm
Healing an Angry Heart: Helping Adolescents with Anger Management Problems
>>details

Welcome to our e-newsletter!
We hope you find it easy to read and filled with timely community information.

Meet Thrive, The Alliance of Nonprofits for San Mateo County

On December 14, 2004, the San Mateo County Council of Nonprofits announced that it had successfully completed a branding and identity service grant from the Taproot Foundation, which led it to change its name, logo, and tagline. Thrive, The Alliance of Nonprofits for San Mateo County, recognizes that the quality of life in San Mateo County is determined by the strength of its government, business, and nonprofit sectors. Thrive is transforming our community by transforming the nonprofit sector in San Mateo County through leadership, advocacy, education, and support. To read more, click here...

Mentoring Month

January is National Mentoring Month and January 25, 2005 is Thank Your Mentor Day. For more information or to post a tribute to your mentor, visit the national Mentoring Month Web site at WhoMentoredYou.org.

Locally, in honor of National Mentoring Month, Friends for Youth, Inc. is hosting a talk and book signing by Eric Liu, author of Guiding Lights: The People Who Guide Us Toward Our Purpose in Life. This book tells the stories of life-changing mentors who guide their apprentices on a path of purpose and possibility. To read more, click here....

Also, the Mentoring Coalition of San Mateo County is sponsoring a training opportunity entitled Assisting Youth through Challenging Times. To read more, click here....

Family Support Center of the Mid-Peninsula Closes

Due to financial problems, the Family Support Center of the Mid-Peninsula (FSCMP) recently closed. El Concilio of San Mateo County will now provide the emergency services to the community previously covered by FSCMP. Call Ken at 650.330.7432 for more information.

Opening of the C-A-R Milestones Preschool Integrates Children With and Without Disabilities

The Community Association for Rehabilitation, Inc. (C-A-R) recently opened the C-A-R Milestones Preschool. The Preschool, for children age 2-5, is unique in that it integrates children with and without disabilities. This fully integrated program is also a first for C-A-R which has seven other programs that serve people with developmental and other disabilities. To read more, click here....

Loss, Grief and Recovery – New for 2005

For people who have experienced the death of a significant person, this free support group offers information about the normal grief process and provides emotional support and
workshop is free to Coalition members and $5 for non-members. It will be held on January 25 from 1-5 pm at 2500 Middlefield Road, Oak Room, Redwood City. Reservations are required. RSVP to Debra Pomeroy at 650-599-5908 or dpomeroy@smchsa.org.

Opening of the C-A-R Milestones Preschool Integrates Children With and Without Disabilities
The Community Association for Rehabilitation, Inc. (C - A - R) recently opened the C-A-R Milestones Preschool at 3864 Middlefield Road in Palo Alto. The Preschool, for children age 2-5, is unique in that it integrates children with and without disabilities. This fully integrated program is also a first for C-A-R which has seven other programs that serve people with developmental and other disabilities. Another unique quality of the Preschool is that C-A-R has on-staff professional physical, speech and occupational therapists who are available to provide services to the preschoolers on an as-needed basis.

Several parents of normally developing children chose CAR's preschool because they expect that interaction and relationships with children with disabilities will be a valuable learning experience. They also value the access their children will have to CAR's physical, speech and occupational therapists who are trained to spot developmental delays in children.

For more information, visit http://www.c-a-r.org/preschool.html or call 650-618-3325.

Loss, Grief and Recovery
For people who have experienced the death of a significant person, this free support group offers information about the normal grief process and provides emotional support and opportunities for sharing. Sessions are open to all and offered on an on-going, drop in basis at the following times: second and fourth Mondays, 10:30 am-noon; first and third Tuesdays, 6:30-8 pm. All groups are facilitated by Mary Moray, Care Manager, MS, LMFT and are held in the Ellsworth Room, Mills Health Center, 100 South San Mateo Drive, San Mateo. For more information, call 800-654-9966.

The Resource Bulletin is a publication of the Peninsula Library System's Community Information Program and the San Mateo County Human Services Agency.

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