

therapy clinic

for children up to 9 years old

Occupational, physical, speech and language therapies, behavioral and developmental services, and mental health support

The individual and group therapies at Abilities United specialize in providing high quality therapy services and support to children and families.

The Abilities United staff is a transdisciplinary team of experienced therapists and Developmental Specialists who provide services based in best practice for language, cognition, social development, motor, sensory and feeding.

Each of our staff members has extensive experience and knowledge regarding resources and interventions for young children in our communities. Our therapists create an individualized service to nurture the relationships vital to your child's lifelong development.

who

Children up to 9 years old who need support in:

- Sensory Processing/integration
- Autism Spectrum Disorder (ASD)
- Attention and focus needs
- Building positive social interactions
- Speech and language
- Gross motor skills
- Fine motor skills
- Behavior



what

Our English and Spanish speaking therapists and specialists offer:

- Individual sessions in:
 - » Occupational therapy
 - » Physical therapy
 - » Speech and Language therapy
 - » Child Behavioral consultations
- Social Skills Groups
- Assessments and evaluations
- Mental Health referrals
- Consultations
- Observations

where

Abilities United
3864 Middlefield Road
Palo Alto, CA 94306

To register or for more information, contact:

info@AbilitiesUnited.org

650-494-0550



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525 East Charleston Road
Palo Alto, CA 94306
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how

- Licensed therapists
- Family centered and collaborative approach
- Individualized services meet the needs of your child and family
- Therapies are provided at our Palo Alto campus and can be provided in home/school settings

occupational therapy

Occupational therapy addresses fine motor, sensory integration, and feeding/oral motor difficulties.

Our Occupational Therapy areas of expertise:

- Sensory Processing Disorders
- Sensory Integration
- Fine Motor Development
- Feeding and/or oral-motor development
- Attention and Regulation

physical therapy

Physical therapy addresses gross motor delays, orthopedic and postural alignment, problems with balance and coordination, and sensory integration.

Our Physical Therapy areas of expertise:

- Pediatric NDT (Neurodevelopmental Treatment)
- Foot/ankle issues
- Orthotic evaluations
- Developmental, neurologic and orthopedic issues
- Sensory integration

speech and language therapy

Speech and Language therapy involves activities to facilitate and promote speech and language development.

Our Speech and Language Therapy areas of expertise:

- Articulation and Apraxia
- Language and Communication disorders
- Social Pragmatic language disorders
- Augmentative and Alternative Communication (AAC)
- Stuttering
- Feeding/swallowing development

behavioral and developmental services

Behavioral and Developmental Services address challenges a child and/or family face as the child grows.

Our Behavioral and Developmental Services areas of expertise:

- Behavioral support
- Parent coaching
- Sleep consultations
- Potty training
- Preschool/site observations
- Infant massage

social skills groups

Small group settings for children aged 3-9 who exhibit challenges in social situations, have a challenging time expressing emotions, and may experience social and/or developmental delays.

Your child will develop confidence in:

- Turn taking
- Initiating and joining play
- Building confidence with peers
- Emotional regulation
- Problem-solving and negotiation

when

- By appointment

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getting started

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