

social skills development

for children aged 3 - 9 years

Designed for children, ages 3 - 9 years, to build positive social interaction with their peers

what

The Abilities United Social Skills Groups work with children on an individual level and within a group dynamic.

- Groups meet once a week for two months
- Children are placed into age appropriate groups
- Groups consist of up to six children with two typically developing peers

how

Led by a Developmental Specialist and Speech and Language Pathologist, our social skills groups utilize multiple strategies for your child's growth, including:

- Pivotal Response Treatment
- Michelle Garcia Winner's *Social Thinking*
- Techniques of Sensory Integration
- Common Core State Standards Initiative for language and social-emotional development

why

Groups will focus on helping each child gain self-awareness and further their awareness of others in relevant social skills topic areas to:

- Improve interactions with peers
- Build conversation skills
- Work on sportsmanship
- Promote active listening, reading social cues
- Improve identifying and expressing emotions
- Improve coping with anger and/or anxiety
- Understand how their behavior affects others



As part of the enrollment process, all children go through a trial social skills group session. Through this trial, and based on fit, needs and interests, your child may be recommended for an existing social skills group, a social skills dyad (a developmental specialist works with two children to build the skills necessary for a successful transition to a social skills group), or individual social skills services.

where

Abilities United
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To register or for more information, contact:

info@AbilitiesUnited.org

650-494-0550

"Abilities United's Social Skills Groups have been an integral component of our son's therapy needs. The staff and strategies used have really helped to build a strong foundation of social communication skills that will most certainly help him move forward in life."

Parents of John