

moving for me

a motor development group for pre-walkers and their caregivers

Learn the skills to support your baby's gross motor development

what

Abilities United's Moving for Me is a 5-week series of hour-long group classes, where baby and caregivers will participate in activities to promote gross motor development.

who

Moving for Me is open to any child who has not yet started to walk, who can benefit from additional moving practice and guidance.

why

Join the Moving for Me motor development group to:

- Learn more about your little one's motor development
- Address any concerns you have about your child meeting his/her motor milestones
- Connect with other families with young children in similar stages of development

about

Moving for Me is led by:
Licensed pediatric physical therapist,
Amy auf der Springe, PT, DPT.



cost

\$125 for each 5-week series

when

Wednesdays, 9:00 am - 10:00 am

Moving for Me is an ongoing series. Please contact us for the next series start date.

where

Abilities United
525 E. Charleston Road
Palo Alto, CA 94306

To register or for more information, contact:

info@AbilitiesUnited.org

650-494-0550